



CANTERBURY MEWS CLUBHOUSE HOLIDAY BAZAAR

NOVEMBER 16, 2019

12PM-6PM

CANTERBURY MEWS CLUBHOUSE, 815 DARRETT COURT, SEWELL, NJ 08080

Have you started your Christmas/Holiday shopping yet?

Vendor Included so far:

- Auto Sheen – May Nash – car wash gift sets
- Country Friends – Donna Di Giacomo – decorative home decor
- Damsel In Defense – Selena Nash – self-defense for the entire family
- Image By Design from the Inside Out – Linda McLaughlin – health and beauty
- Mary Kay Beauty Products – Lori McKeage – skin care gift sets
- Norwex Products – Rachael Suplee – household items
- Pawtree – Ellen Hogg – pet products
- Seagem Unique Jewelry – Lori McKeage – semi-precious, crystal and glass beaded jewelry
- Thirty-One – Judy Petrongolo – canvas bags, tote etc.
- Urban Princess Boutique – Mary Harvey – comfortable contemporary fashions

And more to be announced as confirmed

Optional to the public: We will have a buffet lunch for sale at a fee of \$10 during the hours of noon to 2pm, as this will also be a Networking Meeting sponsored by the Accounting and Financial Women's Alliance. See the second side of this flyer for details of the first event of the day.

Stop by before or after the kids' games, as a flyby or to hang out sip a glass of wine and enjoy the afternoon with the people you bring along or meet new friends.

We'll be there all afternoon!

Just set the GPS to Canterbury Mews 815 Darrett Court, Sewell 08080



Any questions contact me as I'm the event organizer and a Canterbury Mews Resident Lori McKeage via text/ call 609-504-8956 or email lmckeage325@gmail.com

The Accounting and Financial Women's Alliance of Philadelphia

Sponsors their November Regular Meeting- 11am to 2pm - November 16, 2019

Subject: "Damsels In Defense" – An hour of Women's Self-Defense Training

Instructor: Marchello Hancock

Marchello served 8 years in the United States Marine Corps. During that time, he was his unit's Chief Training Non-commissioned Officer and Primary Martial Arts Instructor. The Marine Corps Martial Arts Program or MCMAP is an ideal foundation for self-defense due to its practicality, versatility, and ease of execution. All techniques will be modified to account for height, weight, age, gender, relative strength, and physical disabilities. He will begin the instruction period with basic strikes; movement, and some techniques that the students can utilize immediately for defense situations.

All attendees should wear long pants and water bottle will be made available. If weather permits the class will be held on the outside patio so dress accordingly to the weather.

The fee for this session will be \$ 20.00 for members and \$25.00 non-members. Lunch is included and will immediately follow the training.

Our Damsel in Defense representative, Selena Nash, will also demonstrate some of the self-defense products she will have for sale at the Holiday Bazaar immediately following this session and lunch at the Canterbury Mews Clubhouse. The Holiday Bazaar will be open until 6pm as long as there are patrons,

To RSVP for the class go to www.afwa-phila.org and click on Meetings and follow prompts to the November meeting notice and registration page.